



WELCOME

to the high country



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INFORMATION FOR GUESTS VISITING WELCOME ROCK

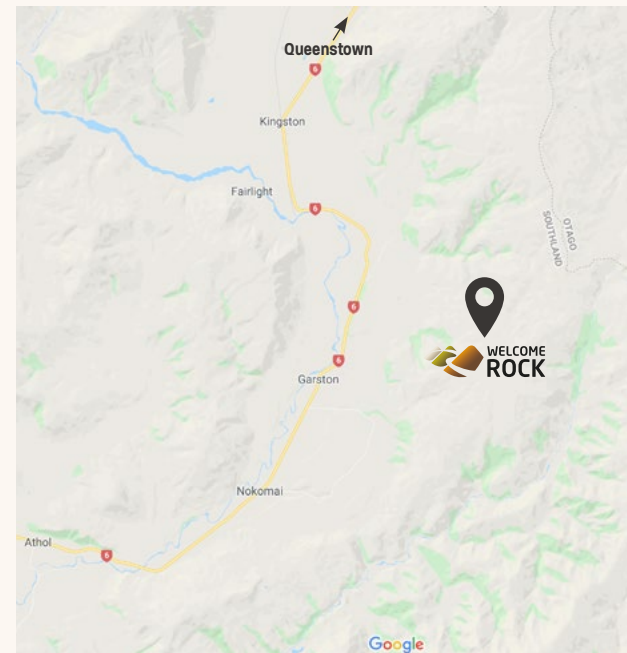
You are receiving this information because you have booked one of our products. Here is some useful information for you, please read it carefully and bring this with you on your trip.

Welcome Rock is a hand built mountain bike and walking trail located in the high country; the complete length of the trail loop is 27km.



We hope you enjoy your experience at Welcome Rock

Tom & Katie



HOW TO FIND US

Welcome Rock is located in Garston, 45 minutes south of Queenstown.

For stays at the Huts or Riding / Walking the Trail
[Historic Southland Ski Hut Garston, Garston, 9793](#)

For stays at the Red Shed
[Blackmore Station, 86 McLean Road, Garston, 9793](#)

AFTER YOUR VISIT

If you have any stories, photos or feedback you would like to share with us following your visit please do so.



Facebook



Trip Advisor



Google



Instagram

ALL FEEDBACK IS GREATLY APPRECIATED.

VISITING WELCOME ROCK

BIKING

For riders the trail is considered an Intermediate: Grade 3 cross country ride. Please bring spare inner tubes and repair kit for your bike as you could encounter a few spiky plants along the way.

HIKING

For walkers the trail is considered a backcountry track. Ensure you have good walking/hiking boots.

WEATHER

Check the weather forecast before your trip so you are prepared for all weather conditions. The weather can be very unpredictable in the high country. We recommend Metvuw.com

PARKING AND TRAIL START

Park your car at the Historic Southland Ski Hut located 8kms up the Nevis Road from Garston. The trail starts just behind the Ski Hut.

SAFETY

Our trail is in the mountains where you can experience quickly changing and extreme weather conditions at any time of the year. Please bring warm layers of clothing and wet weather gear to be prepared for these changes. While we have built the loop with a mellow grade suitable for a range of people, we recommend you have a good level of fitness, and that children are at least 15 years of age and accompanied by an adult.

CODE OF CONDUCT

- Riders to wear helmets, bring spare tyre tubes and inform walkers as they approach
- Walkers give way to cyclists.

RUBBISH

We have a 'Pack-in Pack-out' policy. Please take all of your rubbish away with you.

EMERGENCIES

Phone 111 and quote our name and address which is Welcome Rock, 86 McLean Road, Garston, Southland. Tom and Katie O'Brien: 027 239 2628 & 027 406 7334.

CELL PHONES

Please note there is limited cell phone coverage on the trail. We have a Personal Locator Beacon (PLB) available for hire, please contact us if you wish to hire one.

CONTACT US

Please contact us if you need to, if we do not answer our phones leave a message and we will call you back:
Katie 027 239 2628, Tom 027 406 7334.



STAYING IN THE HUTS

Slate Hut / Mud Hut

BRING WITH YOU

- Candles, matches and firestarters
- Sleeping bags
- Pillow
- Food for all your meals
- Lots of warm clothes for all weather conditions
- A torch
- Toilet roll
- Bags for your rubbish
- Dish towel
- Dish cloth
- Towel



WE PROVIDE AT THE HUTS

- Basic gas elements for cooking
- Gas for cooking and for the bath
- Basic utensils, pans and cutlery
- Long drop toilet

TERMS & CONDITIONS

In order for visitors to understand the hazards associated with backcountry hiking, biking and accommodation, please read and agree to the following terms & conditions:

1. I am aware that the activity involves some physical exertion and the inherent dangers and risk including changeable weather conditions
2. I declare and confirm that I am physically fit and have no condition or injury that could be affected by this activity
3. I will comply with all instructions of Welcome Rock Trails and their staff
4. I am aware that if I am or if I appear to be under the influence of alcohol or drugs I will not be permitted to participate in the activity, and I will not be entitled to a refund
5. I understand that it may be necessary for Welcome Rock Trails to cancel the activity at short notice. Welcome Rock Trails will not be responsible (to the extent permitted by law) for any loss arising from such a cancellation
6. I accept that Welcome Rock Trails will not be responsible for, and I release, waive and hold harmless its officers and/or its employees from all claims I may have in respect of any, losses, damages, expenses or injury arising during or in conjunction with my participation in this activity, including any claims for damages caused by negligence of Welcome Rock Trails its officers and/or its employees, together with any costs including legal fees that may be incurred as a result of any such claims, losses, damages or expenses, whether valid or not, (to the extent permitted by law), regardless of how that loss, damage, expense or injury is caused
7. I also indemnify Welcome Rock Trails, its staff against all claims, losses, damage, or expenses or claim that any of my guests or any one or more of my or their executors, administrators, heirs, next of kin, successors or assignees may have or assert and against any costs including legal fees that may be incurred as a result of any such claims, losses, damages or expenses, whether valid or not
8. If I am not a resident of New Zealand I declare that I will not endeavour to avoid conditions 6 and 7 by commencing legal action in another country
9. I hereby consent to receive medical treatment which may be deemed to be necessary by Welcome Rock Trails in the case of injury, accident or illness during the course of undertaking this activity and also agree to indemnify Welcome Rock Trails in respect of such medical treatment
10. I have read, understood and accepted the terms and conditions and understand that Welcome Rock Trails will rely on this declaration and on the information I have provided.

By receiving and reading this document you agree to all of its terms.

